WELCOME TO OUR
#INVISIPARTY
New Invisibilia | One Day Early
INVISIBILIA IS BACK

You’re getting early access to our newest episode for your #INVISIPARTY! If you’re new to this, it works like a book club for podcasts. Easy as one, two, three.

1. If you haven’t already, make sure to RSVP for March 8. Then remind your friends to save the date.

2. Wrangle some speakers, snacks and test the secret NPR One channel we email on #invisiparty day, 3/8.

3. Join a constellation of #invisiparty gatherings around the country when you listen together and discuss.
This season, Invisibilia is using its trademark blend of storytelling and science to tackle some of the biggest cultural fights of our time: Russian hacking, reality television and #MeToo, just to name a few.

We’re living in a black and white world, where the stories we tell ourselves lock us into one side or the other. These stories define us - imprison or liberate us. In our fourth season, we’re mapping the grey areas. Through stories about spies, heists, publicly shaming harassers and fighting terrorism with reality TV, we navigate the moral ambiguity of the space in between.

Our creative mission at Invisibilia is to bring new ideas about human behavior to our audience, ideas that address the most pressing questions of our time and that introduce our listeners to new possibilities for how to think, behave and live. We want to make sure our stories reach beyond amazing to what-do-I-do-now? We can’t wait to share them with you.
Dealing with Loss
Have you ever experienced a loss so great that it changed your sense of who you are?

Have you ever gotten stuck in the “I” place? Been so focused on your own suffering, or guilt, or responsibility, that you could not see any other perspective?

Do you feel there is a sense of loss in the country overall - people feeling like they’ve lost their status, or their identity as Americans in some way?

Perspective Shifting
Have you ever experienced a sudden shift in perspective, where you started to see things from someone else’s point of view? If so, did it help you? Help you get out of your head, or feel calmer?

Did it make sense to YOU, why Hanna’s mom went skydiving? Could you see why that would help her? Could you imagine yourself doing something so outside your comfort zone, just to shake things up?

If you could tell any story about your life what would it be?

Getting Stuck in the Past
Could you see why the beekeepers had a hard time changing? Could you see why they turned to immigration as an immediate explanation?

Did you sympathize with their decision not to see themselves differently? Could you see anything beautiful in their decision to stick to their old ways - sort of like going down with a sinking ship?
10 WAYS TO BE A THOUGHTFUL HOST & MODERATOR

Hanna Rosin, shares tips for creating and moderating a great discussion during your Listening Party

1. **Set the goal for the gathering.** For example, you can say, “Tonight we will explore the idea of personality. We’ll listen to a story, and then we will hopefully have a real conversation about things that are important to us. There are no stupid questions and all of your perspectives are welcome.”

2. **Have fun!** Create an atmosphere that’s halfway between drinks and a book talk. People should feel that they are among friends. They should feel at ease so they will feel comfortable opening up.

3. **Model the kind of conversation you want.** For example, you can start off the discussion by sharing something about yourself; perhaps a character, or a moment, or an idea in the story that resonated with you, and why. For example: “What really moved me about this story is how much the main character reminds me of my grandfather.” Or: “I can relate to the idea that it’s not always the best idea to fix something. I tried the same thing with my brother and…”

4. **Really listen when people speak.** Smile. Encourage them to share. Let people finish their thoughts and try not to interrupt!
Hanna Rosin, shares tips for creating and moderating a great discussion during your Listening Party

1. **Do not shy away from the complicated ideas in the stories.** Puzzle through them together, build on them, figure out as a group how they work in the world and in our personal lives.

2. **Don’t be afraid of a healthy debate!** Find out if anyone disagrees with the idea of a story or has a different experience.

3. **Some of the stories have sensitive material, and may trigger an uncomfortable memory.** Make people aware that this is a possibility.

4. **If people share something personal or hard – acknowledge and thank them.** Never be judgmental. The surest way to close people off is to judge and embarrass someone who has opened up.

5. **Don’t allow a handful of voices to dominate the conversation.** Try to bring other people into the discussion if you can.

6. **Create an intentional ending to the discussion.** Offer a closing reflection or thought on what happened in the room. Acknowledge the differences, and the moments that brought everyone together. Thank people for coming and sharing themselves with the room. And, set a date for your next listening party!
At your #invisiparty, we hope you get to unplug and get lost in a great story with friends.

With your phone tucked away you might find yourself wondering: *What do I do with my eyes? Or my hands?!*

We got you. We’ve created a puzzle out of our beautiful art by Kristen Uroda for a fun activity for your group while you listen.

Order yours today at nprshop.org
Hungry for more great stories? We got you! Scan the QR code to access an exclusive playlist we’ve made just for you on NPR One.

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